



NEWS TIME

Kilcoy RSL Sub Branch

Edition 9

Message from your Welfare Officer

Wellbeing Support Officer

There is a new Welfare title Wellbeing Support Officer's are being sought for this Sub Branch to assist our Wellbeing Officer (John Robinson OAM).

The role includes assisting in hospital, home and aged care visits, transport of veterans, veterans family assistance, arranging for simple domestic assistant or home maintenance service.

Role is not to provide advice on Compensation change or Welfare support.

If you are interested and would like more information on the role please contact John Robinson on 0403 336 263.

Recipes

Raw Almond Hummus

Ingredients: 1 cup soaked (for 1-2 days) ¼ cup olive oil, 1/2 cup + 1tbs lemon juice, 1 small clove garlic (optional), 1 teasp salt, ¼-1/2 cup filtered water to obtain desired texture, 3-4 sprigs parsley, roughly chopped.

Garnish: Parsley, olive oil & cracked pepper.

Note 1. Once soaked, it's important to rinse almonds.

Note 2. Almonds are best soaked out of the fridge for the first few hours, but in summer they ferment, so place in fridge.

Method: Blend the soaked, rinsed almonds in a food processor until the

Message from your President • • •

Well another month has passed us, we hope Ida Moffatt gets better soon. Jim Cassidy is now home but unfortunately one of our Socialies, Blinky Campbell, is not so good and will probably never return to his own home. He will be missed for all his Mack truck stories.

Last month we commemorated Vietnam Veterans' Day with a smallish crowd of approximately 20. The day was very busy due to Kilcoy Race Club holding it's Veterans Day races so we had a juggling act between venues.

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Neil Barradeen (President)

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John Robinson OAM

(Vice President)

0403 336 263

May Wallace (Secretary)

0405 392 461

skins and almonds have broken down into a coarse paste.

Add remaining ingredients and blend until smooth.

Add more liquid to obtain a creamy texture if needed. Taste to see if it needs more lemon juice or a splash of water.

Garnish and serve. Enjoy



DATES TO REMEMBER

Next Meeting: 8th September 2018 @ 1030hrs

11th November 2018 is the Centenary of the signing of the Armistice that ended WW1 (Remembrance Day) the Ceremony starts at 1045hrs, at the Cenotaph in McCauley Street. The service will be followed by a roast dinner in the ANZAC rooms.

Please keep the **19th October 2019** free as that is our Sub Branch Centenary Celebrations will advise more details in the months to come.



Keep the Flag

Our flag bears the stars that blaze at night.

In our southern sky of blue

And a little old flag in the corner,

That's part of our heritage too.

It's for the English, the Scots and the Irish,

Who were sent to the ends of the earth,

The Rogues and schemers, the doers and dreamers,

Who gave modern Australia birth.

And you who are shouting to change it,

You don't seem to understand,

It's the flag of our land and our language.

Though, there are plenty of people who'll tell you,

How, when Europe was plunged into night,

That little old flag in the corner,

Was their symbol of freedom and light.

It doesn't mean we owe our allegiance,

To a forgotten imperial dream,

We've the stars to show where we're going,

And our old flag to show where we've been.



President's Message Continued:

We used a couple of members out there with predominantly Social members assisting. It is the way of the future for our Sub Branch due to either competing priorities or not enough able bodies to do the work.

This month will see our tribute to WW1 murals completed, both at ANZAC Park as well as the walls of the Sub Branch, please take the time to have a look at those. Additionally we will require some help

refurbishing Sheep Station Creek Memorial, it will be a "Beer & BBQ" day out there, probably on either 15th or 22nd September. If you can help please let me know.

I know you will get tired of hearing this but we will be looking for a new Executive team in May of next year. Please put up your hand for one of these positions (President, Vice President & Treasurer), there is great guidance from the experienced members of our Sub Branch as well as from District. We are also looking for a Cleaner, approximately 15 hours a week and need to be Newstart eligible. Lorraine and Denis Day are currently being generous in donating their time but this is neither sustainable nor fair to them.

These photos are from 2009, if you have any old photos of the Kilcoy Sub Branch are you able to loan them to us for our Centenary Celebrations in October next year?

