

NEWS TIME

Kilcoy RSL Sub Branch

Edition 8

Message from your Welfare Officer

Veterans' Health Week

Veterans' Health Week is an annual initiative where DVA partners with exservice and community organisations to;

- Increase the health awareness of current and ex-service members and their families; and
- 2. Encourage behavioral change leading to improved health outcomes.

This year Veterans' Health Week is from 22-30th September 2018. Theme is nutrition.

Veterans Health Week celebrates the ongoing efforts made to improve the health and wellbeing of the veteran and broader veteran community.

Veterans', current and former members of the

ADF, their families, friends and carers, reservists and widows/widowers are invited to participate in this week of events run across Australia.

This year's theme is NUTRITION.



KOREA 1950-53

Continued:

In the 37 months of fighting in the Korean War, the estimated casualties were 73,700 United Nations troops were killed, and more than a quarter of a million wounded. Some 84,000 others were captured or missing. Of the dead

Message from your
President•••

It is hard to believe that we have now passed the halfway point of our calendar year – where does the time go? Since our last News Time, we have been involved in some events that help finance the running of the Sub Branch and these have included our assistance at the Kilcoy Cup Race Day (a huge crowd and by all accounts a very successful day), the Regional Show Finals where we ran the bar in the hall upstairs and the RAAF Truckies re-union which stemmed from one our members Fred Thomason being a RAAF Truckies himself. I must personally thank May, Dennis, Lorraine and Banjo for their willingness to organize and work these functions in my absence.

<u>rslkilcoy@gmail.com</u> or P.O. Box 34 Kilcoy Q 4515 45,000 were South Koreans, 25600 Americans, 710 British, 2,384 from other members of the United Nations. Estimated casualties among the Chinese and North Koreans totaled 1,350,000 dead or wounded.

Sixteen Australian soldiers were taken prisoners of war in Korea. Of these, 15 were released at the cessation of hostilities, and one, Private H.W. Madden (3 RAR), died of disease and ill treatment whilst a Prisoner of War. Private Madden was post-humously awarded the George Cross for outstanding heroism and inspiration to his fellow prisoners whilst a prisoner of war.

RAN in Korea:

With the outbreak of hostilities in Korea, the Royal Australian Navy was quick to place ships at the disposal of the United Nations. Nine ships altogether were sent to the operational theatres, HMAS Anzac, Tobruk, Bataan and Warramunga each had two tours of duty, while HMAS

Sydney, Culgoa, Condamine, Murchison and Shoalhoven each had made an operational tour a total of 311 officers and 4,196 ratings served in the area, and 32 were awarded decorations.

RAAF in Korea:

When the cease fire began on July 27, 1953, No. 77
Squadron RAAF had been in active operations for just over three years. In that time, it had totaled 4,836 missions and had lost 42 pilots. In 18,872 individual sorties, members of the Squadron destroyed 3,700 buildings, 1,500 vehicles and 16 bridges. It had shot down 3 MIG-15's and 3 other enemy fighters.

When the war began, 77
Squadron had attached to it
No. 30 Transport Unit
RAAF which did most of
the aerial supply and
medical evacuation for
British Commonwealth
forces in Korea. In it's first
16 months operations, No.
30's Dakota aircraft flew
more than a million and a
quarter nautical miles
during more than 10,000

hours in the air. Australian Dakotas flew more than 12,000 wounded out of Korea. RAAF Dakotas in the Korean War carried 100,000 passengers and 13,500,000 lbs. of freight and mail.

Extract from the RSL Handbook ANZAC Jubilee Issue 1965



DATES TO REMEMBER

Next Meeting: 14th July 2018 @ 1030hrs

27th **July 2018** Korean Veterans' Day it is a Friday we will have a ceremony at 1100hrs at the Cenotaph followed by BBQ lunch.

This day is also the Anniversary of the Ladies Land Army 1942.

18th **August 2018** is Vietnam Veteran's Day will advertise times closer to the day.

11th November 2018 is the Centenary of the signing of the Armistice that ended WW1 (Remembrance Day) 11th August 2018 Kilcoy Fire Service Charity Bowls Day Kilcoy Bowling Club @ 1300hrs, if interested in coming along please phone 54220564 and leave a message.



Winter Warmer Juice

A tomato-based juice which has an irresistible taste. This juice can be warmed slightly if you are feeling like something warmer. Because it has a rich tomato taste, it is a great evening juice to replace your evening meal.

Ingredients:

3 ripe organic tomatoes, 2 large zucchini, 2 large carrots, ½ small onion, cracked pepper, Himalayan salt, 1 tbs virgin olive oil.

Method:

- 1. Wash thoroughly, peel vegetables and juice.
- 2. This recipe makes approximately 1 litre

President's Message Continued:

Another very important day was the celebration of the 65th year since the Korea Armistice was signed. Korean veterans are invited to a function on the Gold Coast to remember their sacrifices and to recognize their efforts in this conflict. This day is organized by the Consul General of the Republic of Korea such is their gratitude in the role that Australia played. We are lucky to have three Korean Veterans in our midst: Kelly Frawley, Glenn Brand and John Worrall. Kelly attended the function and you have probably seen his photo in the local paper. We will be holding our own service this month to celebrate the end of the conflict and to honour those who gave and those who are still giving.

Last month I mentioned the use of Social members to assist or fill some of our positions and I will be pushing this every month. At our next AGM we will be looking for someone to take on the role of President and Treasurer as Anne and I will be stepping down. The roles of President and Secretary

will ALWAYS be filled by ex-service members but we can, and have, filled other positions from our Social Membership. We have to do this as we may seem to have a reasonable number of members but the reality is that there is less than a handful who actively participate in actually running the Sub Branch. Please do not be afraid to put your hand up, all of those who have been on the Executive will always help out, I thank May and John for doing that in my tenure. As well as helping me, Beryl has been instrumental in both training Anne in the role of Treasurer as well as filling in when Anne is not available.

I look forward to another busy month and working with you all.